

# **Endorsements**

"Unbound Ministry is a vital part of the new evangelization because, through a simple method of prayer based on the Gospel, it helps us help others in moving beyond their spiritual obstacles into a deeper relationship with Jesus Christ. This model of deliverance reflects the power of our baptism, which moves us from darkness into the kingdom of God. It promises to be a very fruitful tool in the hands of priests and those involved in parish ministry."

### - Most Rev. Charles J. Chaput, Archbishop of Philadelphia

"This has been a great resource for those who come to the parish in need of deeper deliverance and healing. These teams now pray at least weekly with people from the Archdiocese."

### - Most Rev. Andrew H. Cozzens, Auxilliary Bishop of St. Paul and Minneapolis

" I cannot recommend Unbound Ministry Training highly enough for clergy and laity alike."

### - Most Rev. Scott McCaig, Bishop of the Military Ordinariate of Canada

"Through the application of the Five Keys, lives have been transformed. Those bound by sin and past hurts can find deep deliverance, healing, and freedom in Christ. They encounter our Lord more powerfully in their lives and acquire practical wisdom to grow in their spiritual lives."

### - Most Rev. Christian Riesbeck, Auxilliary Bishop of Ottawa

"Unbound is a gentle model of ministry that focuses on the person and his or her experiences with the intent of each person experiencing the freedom and abundant life that Jesus promises. The Five Keys of Unbound are used to present the gospel of Jesus in a personal and a practical way."

### -Most Rev. William E. Lori, Archbishop of Baltimore

www.heartofthefather.com

### ARCHDIOCESE OF SAINT PAUL & MINNEAPOLIS

March 4, 2014

Neal Lozano Heart of the Father Ministries PO box 905 Ardmore, PA 19003

Dear Neal,

I am very happy to write a letter in support of the great work that Neal Lozano and the work of Heart of the Father ministries.

I was already an admirer of the practical help in healing and deliverance which came from Neal Lozano's book Unbound: A Practical Guide to Deliverance. My admiration only grew when I met Neal and was able to work with him personally. Since receiving his teaching in person and receiving some training on the use of the Five Keys, I have found a great tool to aid in my work of trying to bring healing and freedom to people's lives. Neal has spoken to all the priests of our Archdiocese of St. Paul and Minneapolis and was very well received.

In addition he and his son Matthew have also trained prayer teams to work in some of our parishes in the Unbound ministry model. This has been a great resource for people who come to the parish in need of deeper deliverance and healing. These teams now pray at least weekly with people from the Archdiocese. I have already seen many lives transformed through the prayer of these teams.

The advantage of Neal's training is that he has years of experience and a very balanced approach to deliverance work. He gives practical tools as well as spiritual principles that really teach people how to facilitate the freedom the Christ wants to bring. One of the teams he trained was a Spanish language team and this has been a great asset, as so many of our Latino's have been exposed to the work of the enemy and this peaceful, practical approach of deliverance helps them in their healing and growth in freedom."

Sincerely yours in Christ,

Most Reverend Andrew H. Cozzens Auxiliary Bishop of Saint Paul & Minneapolis

AHC/cjt



### Archdiocese of Baltimore

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OFFICE OF THE ARCHBISHOP

September 11, 2013

My brother Priests and Deacons,

I write to offer a warm welcome as those who are involved in the Unbound Workshop for Priests and Deacons on September 19, 2013, sponsored by the Catholic Charismatic Renewal in the Archdiocese of Baltimore.

As the whole Church answers the call to a New Evangelization, I pray that your participation in this workshop will foster your ministry to preach the Gospel with fervor and joy and to assist those bound by sin and trauma to heal past hurts and come to an ever-deeper friendship with the Lord Jesus.

Asking your prayers for me and for those I serve and assuring you of mine, may I remain

Faithfully in Christ,

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Most Reverend William E. Lori Archbishop of Baltimore



SAINT MARY'S ROMAN CATHOLIC PARISH

5251 Joyce Street • Vancouver, BC • Canada • V5R 4G8 Phone (604) 435-9611 • Fax (604) 439-9413

April 2008

Last February 2008, we had the UNBOUND Freedom in Christ Conference in our parish, St. Mary's in Vancouver. I want to share what I have been experiencing since that time, as the parish priest of the community.

- 1) For myself, I felt that a kind of sadness has been taken away from me. I am able to break free from some of my repetitive sins. I am more patient and forgiving with my brothers in religious life. I pray God, my Father in a deeper and more constant way.
- 2) In my ministry of confession, I have been using a short form of the Unbound model, even during the affluence of Holy Week. This has transformed "routine" confessions in meaningful ones. The penitents become more active. They no longer wait for advice and absolution. They discover for themselves who they need to forgive, what they need to renounce, what is the lie in their lives. If there is a need, I use the fourth key, the command. I never had any manifestations of evil spirits. I am restored on freedom in Christ, and so are the penitents. The focus is not evil spirits. I always use the fifth key, the blessing of the Father, after or with the form of absolution.
- 3) I also use the UNBOUND model, for spiritual direction. It gives me a framework to discern where the spiritual warfare is. The talk "Staying Free" by Ann Stevens is really helpful.
- 4) Finally, the talk by Neal Lozano about original sin and the devil's lie about our identity and God's identity has given me a simple and profound model to preach about spiritual warfare. It has given me tools to unmask the face of evil in our world, our culture, and our communities.
- 5) I am very grateful most of all, that I discovered a way to help my parishioner's receive the freedom Christ has already won for them. I can do more than offer a passive compassion. I can give them "tools" to deepen their relationship with Christ.

I pray that Neal and Janet Lozano touch more priests and more parish communities.

E. Rien Lellard Op

Father Pierre Leblond OP St. Mary's Vancouver



November 4, 2013

#### TO WHOM IT MAY CONCERN:

I am Fr. Francis A. Frankovich, CC, at the Catholic Charismatic Center (CCC) in Houston, TX. I receive many referrals from the Archdiocese to evaluate the unusual spiritual experiences that people in the Archdiocese are having.

I have found that the approach of Neal Lozano in his book <u>Unbound</u> (<u>Libertad</u> in Spanish) has been an approach that we use here at the CCC to assist the people who come to us with these different kinds of unusual spiritual experiences. I met Neal several years ago and have attended one of his workshops with members of the teams that I have been forming here at the CCC.

I have been invited the last three years to speak to the third year theologians regarding the subject of deliverance and exorcisms. Neal Lozano's book is one that I highly recommend to these future priests. One of the seminarians who is now a priest has told me how much this book, <u>Unbound</u>, has helped his ministry as priest.

I have found Neal's approach effective and powerful in bringing almost all the cases that come to me to a greater freedom and a more balanced and healthier spiritual life within the Church.

Sincerely,

In. France Frankovich CC

Fr. Francis A. Frankovich, CC Associate Director of the CCC

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April 2, 2014

Mr Neal Lozano Heart of the Father Ministries PO Box 905 Ardmore PA 19003 USA

Dear Neal:

The Companions of the Cross, a Roman Catholic community of priests, underwent 'Unbound Ministry' training in January of 2014. The training was led by yourself, Neal, and your son Matt Lozano.

It would be hard to adequately convey just how positive our experience was. Many of the priests testified to significant healing in their own lives, and many more have described how powerfully it has impacted their ministry ever since. The teaching was inspiring, Gospel centered, and effective.

I cannot recommend 'Unbound Ministry' training highly enough for clergy and laity alike.

Sincerely in Christ,

Fr. Scott McCaig, CC General Superior

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Parish of Saint André Bessette

of Laconia, Lakeport & Gilford

Sacred Heart Church 291 Union Avenue, Laconia 603-524-9609 Saint Joseph Church 30 Church Street, Laconia 603-524-1442

November 1, 2013

Dear Bishop,

It is a pleasure to recommend the ministry of Neal Lozano and the use of the five keys for deliverance ministry. Ordained for twenty three years, I have been using the five keys in my ministry since 2004. I am also a recipient who has experienced deliverance from this type of prayer. Consequently I can testify to the power of the healing that occurs through this ministry. I know the freedom that can and does occur and the power of the Kingdom of God breaking into the lives of the recipients of this prayer.

My journey with this ministry began in 2004 when I received prayer from Neal after receiving two years counseling for sexual abuse. There were still areas of bondage in my life. After reading <u>Unbound: A Practical Guide To Deliverance and Healing</u>, I knew that this was what was missing in my life. After praying with Neal I experienced a true sense of freedom and peace in my life, that the counseling did not bring as well as the full awareness of the Love of God for Me. Simply put, I experienced the power of the Kingdom of God breaking into my life. For the first time in my life, I truly understood what this meant and this experience changed my life, my priesthood and my ministry. Confessions are more powerful for the confessee as at times I pray with people in the sacrament. My listening skills have changed as I minister to people. My priesthood has come alive in ways I never thought would be possible. I truly understand the vocation of priesthood, not from a theological perspective, but from a practical dimension as a disciple sent to announce the Kingdom of God.

As the coordinator of Deliverance ministry for the Diocese of Manchester, prayer using the Five Keys is completed first with an individual requesting exorcism. I have found this to be most effective and provides the healing and freedom the people are searching for. We are also in the process of establishing trained teams to facilitate the availability of prayer opportunities and ministers involved in this ministry.

Thank you for allowing me to share these thoughts with you. If I can be of assistance to you in any way regarding this ministry, please do not hesitate to call upon me.

Sincerely,

Reverend Marc B. Drouin

Pastor

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Office of the Regional Bishop (626) 960-9344 San Gabriel Pastoral Region

16009 East Cypress Avenue Irwindale California 91706-2122

October 27, 2017

Dear Brother Bishops,

I am writing to introduce you to a ministry that profoundly impacted my priesthood, and one that has great potential to have a tremendous impact on the Church. That ministry is called Unbound.

Unbound ministry is an approach to healing and deliverance that is one of the graces of the New Evangelization helping Catholics discover freedom in Christ. Unbound ministry was formulated on biblical principles and taught by Neal Lozano and explained in his bestselling book: *Unbound: A Practical Guide to Deliverance*. It is a gospel-focused, non-confrontational, and person-centered approach to deliverance ministry.

As you know, there is a deep need in the hearts of the faithful for healing and freedom. Many struggle with resentments and unresolved pain. Others are bound to habitual sins or deceptions that make prayer or spiritual progress difficult. In my own diocese, I witnessed how the Unbound ministry led so many to incorporate the power of the gospel into the daily practice of their faith. The ministry equips them to make a faith-filled response to Jesus and cooperate with the work of the Holy Spirit to set them free. Unbound ministry helps men and women to close the door to the influence of evil and to experience the love of God the Father.

Unbound ministry has been successfully implemented in a number of dioceses, including Philadelphia, Baltimore, Arlington, Lincoln, Sacramento, Palm Beach, Minneapolis-St Paul, and Detroit. It has been presented at Kenrick, Dunwoody, and St. Charles Borromeo seminaries. The book *Unbound* is assigned reading at Sacred Heart Major Seminary in Detroit.

In January, I will serve as director for an Unbound Retreat for Priests, together with the Lozano's, I will teach about the ministry. I invite you to consider sharing this opportunity with your priests. It will be a fitting moment to learn more about the ministry, the method, and its impact on the life of faith. I have enclosed a flyer for you to pass on.

Enclosed are introductory materials on the Unbound ministry, which I encourage you to preview and to share with your Director of Evangelization or analogous ministry. This ministry of healing and freedom is already an essential part of the New Evangelization for a growing number of dioceses, and I invite you to prayerfully consider it. Please find on the following page a list of endorsements by some of our brother bishops. I would be happy to answer any questions you might have (cell # 323 807-8324). May the grace of God lead us all as we serve the Lord in the harvest field.

Fraternally in Christ,

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Most Reverend David G. O'Connell Auxiliary Bishop of Los Angeles San Gabriel Pastoral Region



#### DIOCESE OF FRESNO

PASTORAL CENTER

1550 NORTH FRESNO STREET FRESNO, CALIFORNIA 93703-3788 TELEPHONE (559) 488-7400

July 24, 2009

To Whom It May Concern:

The Diocese of Fresno hosted Mr. Neal Lozano for a workshop on June 16, 2009. He spoke on the topic of Deliverance Ministry. Those who attended were Priests, Deacons, Therapists, and other selected members of the Laity. Those who attended were invited to read Neal's book, "Unbound" prior to the workshop.

Neal's presentation, coupled with the viewing of some footage of actual cases, was both enlightening and inspiring. As Priests, we frequently hear of confusion and pain in the confessional and in private counseling appointments. The pastoral approach of seeking one's "freedom" in Christ by way of this process of deliverance ministry is very much needed in today's society.

God has blessed Neal with a very important ministry – may the Holy Spirit continue to guide and protect Neal and his ministry team!

In the Peace of Christ,

Rev. Msgr. Myron J. Cotta, VG Vicar General / Vicar General

MJC:cw



**KENRICK-GLENNON SEMINARY** 

Office of the President-Rector

Mr. Neal Lozano P.O. Box 905 Ardmore, PA 19003

November 4, 2013

Dear Neal,

Christ's Peace! I am happy to have been invited to write a letter that describes my first-hand experience of the fruitfulness of Heart of the Father Ministries.

It was when we met at the FOCUS missionaries' retreat a few years ago that I first became aware of the immense positive impact that your teaching has on penitents preparing for the Sacrament of Reconciliation. It was an amazing and beautiful experience of grace to see the young women and men catechized by learning "The Five Keys":

- 1. Repentance and Faith
- 2. Forgiveness
- 3. Renunciation
- 4. Authority
- 5. The Father's Blessing.

Once their faith was strengthened by this anointed catechesis of the heart, the healing love and mercy of the Holy Spirit was able to be received in utterly remarkable ways.

The living memory of hearing confessions for several hours following your teaching of The Five Keys remains a font of hope for me. Seldom have I witnessed such large numbers being taught gospel truths with a simplicity that was so fruitful.

Your teaching in The Five Keys brings faith alive unlike any other catechesis that I have witnessed. The reality of the Holy Spirit's desire and power to regenerate us was tasted and seen (1 John 1:1-4).

It is a privilege to continue to serve with you on the FOCUS advisory board for spiritual formation, and I am especially grateful for your willingness last year to have worked with Fr. Peter Ryan, S.J. on one of our seminarian retreats. The men benefited greatly. I look forward to your return next fall to in-service our seminary spiritual directors.

Be assured of my prayers that your ministry continues to flourish. It is my special hope that more and more seminarians and priests will come to enjoy the wisdom surrounding the good fruits of your labors. Please remember me and the seminary community in your prayers. All the best!

Gratefully in Christ,

F. John Horn, A.J.

Fr. John Horn, S.J. President Rector



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## SAINT CHARLES BORROMEO SEMINARY, OVERBROOK

100 East Wynnewood Road 🗆 Wynnewood, PA 19096

Neal Lozano Heart of the Father Ministries P.O. Box 905 Ardmore, PA 19003

March 18, 2014

Dear Neal,

I would like to acknowledge how very much you and your work have contributed to my priestly ministry. In the normal course of pastoral contacts and in situations where I had been asked to assist other Priests, I had encountered members of the faithful who were describing experiences of spiritual bondage that seemed inexplicable pure on the basis of either habit or psychological disturbance. In *Unbound* I found a concrete way of helping such persons that was solidly rooted in Sacred Scripture, harmonious with the Church's teaching, unsensational in its characterization of spiritual oppression and refreshing in its focus on the freedom of the children of God rather than on demonic activity as such.

After having read and worked through *Unbound*, and even more so after attending one of your workshops for Priests, I was always confident that when I was using the principles you set forth there, I would be on solid ground both doctrinally and pastorally. I like the fact that your approach begins with the actual experience of the person and is focused on his or her relationship with the Lord in the light of solid biblical teaching and Church doctrine rather than on any esoteric knowledge of demonic names and activity or any direct confrontation with them. For this reason, when using the principles of *Unbound* I was never worried about stepping onto terrain that would require specific faculties that I lacked. While I acknowledge and have seen those rare cases in which one might have to seek recourse to the ministry of an exorcist with the special authorization of the Bishop, I have become convinced that the vast majority of people experiencing this kind of affliction can be helped through deliverance prayer using the kind of approach that you have developed and teach.

For this reason I am glad to see that more Priests have attended your workshops recently, developing teams for deliverance prayer and incorporating the principles of *Unbound* in various ways into their ministry with God's people. I have experienced personally how those principles can be employed inconspicuously but fruitfully in the praxis of Confession and even in personal prayer. I thank you for your presentations to my seminarian students and look forward to further cooperation of this kind in the future. And I would strongly suggest to all Priests that their ministry will be strengthened by familiarizing themselves with *Unbound* and incorporating its principles and methods into their work and prayer on behalf of God's people.

Sincerely in the Lord,

(Rev. Msgr.) Michael K. Magee Chair, Department of Systematic Theology



February 27, 2014

Dear Friends in Christ:

It is with hope and enthusiasm that I write this letter of endorsement for the work of Neal and Janet Lozano in the "Unbound Ministry."

In preparation to celebrate our 25<sup>th</sup> Anniversary of our founding, we went through the DVD training program over the course of nine months together as a community, and we had Janet and Neal come out with a team to enable our sisters to experience individually the "Unbound" prayer ministry and to receive further training. The sisters experienced healing and greater freedom through this ministry.

We also used the "Five Keys" as a whole community as part of our 25<sup>th</sup> Anniversary gathering and to prepare us for our upcoming General Chapter. Many of the sisters continue to use what they have learned in their ministries and many have experienced significant healing and freedom in their lives.

For me personally, the "Five Keys" have become a regular part of my life. I began using the keys when I made a thirty-day retreat to walk through with the Lord the past twenty-five years. It was amazing how God has used this simple tool as a means to manifest His healing, forgiveness, and freedom.

Trusting in His Merciful Love,

Mother Katherine Coldwell, TOR

Mother Katherine Caldwell, TOR



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December 17, 2013

Mr. Neal Lozano Heart of the Father Ministries/Unbound Ardmore, PA 19003

Dear Neal,

I'm writing to thank you for Unbound Ministry, which is such a wonderful gift to the Church. I say that with conviction not just because I found your book *Unbound* and other materials to be insightful and well done, but because I witnessed this powerful ministry in the retreat we gave in January 2013 to more than fifty seminarians of Kenrick Seminary in St. Louis when I was director of spiritual formation there. I have spoken with several men who were unbound indeed, set free at a very deep level and in ways they had never before experienced. Your obvious fidelity to the Church's magisterium helped them open themselves to the action of the Holy Spirit.

Your prayer sessions with the men were a special blessing, and I appreciated being able to participate in some of them with you. Your conversation with each man before praying enabled him to understand and lay bare what he needed to release to the Lord. The sessions were not about a dramatic confrontation with the devil, but rather about receiving the Father's blessing.

Your presentation of the "Five Keys" made a real impact on the men and on me. The first key, you point out, is for us to do exactly what the Lord proclaimed: Repent and believe. You rightly highlight the importance of the Sacrament of Penance as the best way to let go of sin, and then you help people find the freedom they need to effectively resist the temptation to turn back to the sins they have found themselves repeatedly confessing. As you see so clearly, to appropriate the forgiveness we have received, we must forgive, and forgive very specifically, those who have sinned against us. Only then are we in a position to firmly renounce and in Jesus name calmly take authority over any evil spirits that would lead us back into sin and bondage. These steps wonderfully pave the way for us to receive the Father's blessing, which is the final key to deeper spiritual freedom in Jesus.

May the Holy Spirit continue to guide your work for the Church so that through Unbound Ministry many more may be set free and come to a deeper relationship with Jesus in the heart of the Father.

In the Lord Jesus Christ,

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Rev. Peter F. Ryan, S.J. Executive Director, Secretariat of Doctrine United States Conference of Catholic Bishops

George Cardinal Alencherry Major Archbishop Syro -Malabar Church



Prot. No. 0837/2017

30 April 2017

### Message

I am very happy to offer my congratulations to Dr. Thomas Joseph on the effort he has taken to get the book **"Unbound**" by Neal Lozano translated by a well-known journalist and writer Sri Devaprasad in Malayalam. **Unbound** is an outstanding gift to the ministry of healing and reconciliation. Basing itself on the solid teachings of the Bible, it offers a beautiful way of ministering to emotionally distraught people by helping them to forgive and reach out to one another through mutual acceptance and prayer. Dr. Joseph Thomas, in spite of his busy medical practice, has been in the forefront in the ministry of helping people who were caught in emotional and psychological problems. His life is a great example of the finest of lay ministering to people, through prayers and fasting. Now, after taking a full retirement from his medical practice, he is committing himself totally to liberating people from the emotional tangles in which they are caught.

So many marriages are reaching a breaking point on account of misunderstandings, lack of forgiveness and hard and stiff positions. Through personal counseling and a Bible-centered prayer life they could be helped to forgive and reconcile with one another. **Unbound** is a handy tool to assist people to experience liberation through a deepening of their faith in Lord Jesus Christ.

Since this book is translated into Malayalam, this will go a long way in helping many of our people to experience the richness of the mercy and forgiveness of the Lord.

The fourth chapter on forgiveness gives many valuable insights into a way of life that is based on forgiveness. Lozano points out, based on the message of the Gospels, how necessary it is to forgive totally in order to attain peace and reconciliation: "All healing flows from forgiveness." He adds further that "one who loves deeply is the one who knows the significance of that love and becomes a vessel of forgiveness to others."

Lozano notes again that one cannot offer forgiveness to others if one does not experience the forgiveness of the Lord in one's personal life. It is necessary for each one to experience the forgiveness of the Lord for one's sins and failures. He mentions that "we forgive ourselves the same way God does, on the basis of the mercy poured out in Jesus."

I am sure this book will be a very good guide to those who are willing to commit themselves to the ministry of healing and forgiveness.

I offer my prayers and best wishes to Dr. Joseph Thomas in this new spiritual ministry that he is engaged in.

+ Gratenchers

George Cardinal Alencherry Major Archbishop of the Syro-Malabar Church



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October 7, 2019



Dear Father or Deacon,

In our pastoral ministry, we frequently encounter people that seem to be stuck. Maybe they are enslaved by an addiction. Perhaps, they are carrying resentment from wounds that go back decades. Others may not feel that God can truly love them, given the sins they may have committed in the past.

Some of our priests and deacons have experienced a great tool to help people, through Jesus Christ, encounter true freedom from all that bind them: Unbound Ministry. We are blessed to have people in our diocese that have been trained in this ministry and are more than willing to bring this ministry to your parish.

Unbound's strength is that it is a loving, non-judgmental process that focuses on 5 keys of freedom in Christ: Repentance and faith; forgiveness; renunciation; authority; and blessing. As it states on their website, "A typical 1.5 to 2-hour session opens with prayer. One Unbound-trained minister, a trained intercessor or two, and one individual receiving ministry meet in privacy and confidence. The recipient is led to share his or her story and is listened to with non-judgmental compassion and loving respect, with the leader asking questions to help his or her fellow Christian uncover the roots of unforgiveness and emotional wounds that keep her or him from living life to the full. The recipient is led through the 5 Keys to Freedom in Christ, beginning with expressions of faith and repentance. The process involves, forgiving in Jesus's name and renouncing unclean spirits and lies in Jesus's name. Then the trained minister breaks the power of every spirit and lie that the recipient has renounced and commands them out on the authority of Jesus' name. Sometimes people bring up one situation (say, marital struggles) only to have it revealed during the session that the root of their relationship issues is one of boundary violation stemming from sexual molestation as a child or abandonment issues because of the early death or alcoholism of a parent, for example. Many issues can be dealt with for each person who comes for ministry. Each session ends with thanksgiving, blessing, and a short summary of how to use the 5 Keys in your life following your prayer session, which we believe is crucial to your ongoing healing and freedom."

I encourage you to welcome Unbound into your parish. If you have any questions, please feel free to contact me.

Sincerely Yours in Christ,

TEF:sa

Most Reverend Timothy E. Freyer, D.D. *Auxiliary Bishop of Orange in California* 

MOST REVEREND TIMOTHY E. FREYER, D.D. AUXILIARY BISHOP OF ORANGE IN CALIFORNIA

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